



Autumn Half Term Holiday & Workshop Dates 2018 – Jan 2019

Please check carefully for your class/es as Half Term is not the same week for Gina's classes. Also some changes to workshop dates.

www.longwatertaichi.co.uk

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Day	Time	Venue	Class or workshop	NO class on	
Monday	10.30am	Fordingbridge	TCQ Waves drop-in	29 Oct	
Monday	12 noon	Verwood	TCQ Waves drop-in	29 Oct	& No class 8 Oct
Tuesday	1pm	Ringwood	TCQ Waves drop-in	23 Oct	
Tuesday	2pm	Ringwood	TC for Health (TCA)	23 Oct	
Wednesday	10am	Wilton	TCQ Waves drop-in	31 Oct	
Wednesday	11am	Wilton	D&T Qigong	31 Oct	
Wednesday	12 noon	Wilton	Tai Chi Wu 64	31 Oct	
Wednesday	12 noon	Wilton	TCQ Waves	31 Oct	
Wednesday	6.30pm	Downton MH	TC Qigong drop-in	31 Oct	
Wednesday	7.15pm	Downton MH	Tai Chi Classes	31 Oct	
Thursday	11am	St L&St Ives	TC for Health (TCA)	25 Oct	
Thursday	2.30pm	Fordingbridge	TC for Health (TCA)	25 Oct	
Thursday	6.30pm	Salisbury	TC Qigong drop-in	1 Nov	
Thursday	7.15pm	Salisbury	Tai Chi Classes	1 Nov	
Friday	10.30am	Downton DHo	D&T qigong. Mini workshops		Are ON: 12 Oct, 16 Nov & 14 Dec
Friday	1.30pm	Downton DHo	Taoist Meditation sessions		ON: 5 & 26 Oct, 23 & 30 Nov,
Friday	2pm	Downton DHo	Healing Group		Are ON: 12 Oct, 16 Nov & 14 Dec
Weekdays	Various	Downton DHo	Private Lessons. None this week:	29 Oct-4 Nov	
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Sunday	10am	Downton MH	Yang Tai Chi	7 Oct	See website
Saturday	10.30am	Downton DHo	Chen Tai Chi	13 Oct	No beginners
Sunday	10 am	Downton MH	Wu Tai Chi	21 Oct	See website
Saturday	10am	Wilton CC	Yang Tai Chi	27 Oct	See website
Saturday	10am	Downton MH	Wu Tai Chi	24 Nov	See website
Sat&Sun			5 SEASONS Autumn Qigong	Cancelled	Was 24/25 Nov
Sunday	10am	Downton MH	Yang 88 Tai Chi – partner form Introductory workshop	25 Nov	Changed See website
Saturday	10am	Downton MH	Yang Tai Chi	15 Dec	See website
			Wu Tai Chi	Cancelled	Was 16 Dec
Saturday	10am	Downton MH	Wu Tai Chi	12 Jan 2019	See website
Sunday	10am	Downton MH	Yang Tai Chi	13 Jan 2019	See website
Sat & Sun	10am	Downton DHo	5 SEASONS Winter Qigong	26 & 27 Jan	See website

Christmas Hols for Jane & Patrick's classes: 21 Dec – 6 Jan 2019 inclusive. Gina will let her classes know, dates tbc.

If you are interested in trying a new class or workshop please contact us.

Some additional weekend workshop and retreat dates for 2019 are now on the website.